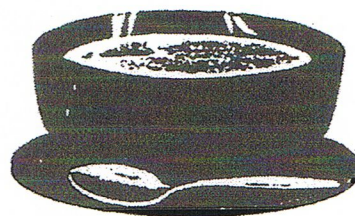

Corn Meal Mush

1 cup cold water
1 cup corn meal
1/2 tsp. salt



Mix together. Bring to boiling 3 cups of water. Add cornmeal mixture stirring constantly for one minute. Cover and simmer over low heat for 3 minutes. Eat in a bowl with a pat of butter, milk and brown sugar. Or put in slices, roll in flour and fry. Eat with syrup and butter.

Fort Atkinson Gingerbread

1/2 cup soft shortening	2 1/4 cups flour
2 Tbsp. sugar	1 tsp. soda
1 egg	1 tsp. ginger
1 cup dark molasses	1/2 tsp. salt
1 cup boiling water	1 tsp. cinnamon

Heat oven to 325°. Grease and flour square pan, (9x9x1-3/4"). Mix thoroughly, shortening, sugar, egg. Blend in molasses and water. Measure flour by dip-level pour method or by sifting. Stir together dry ingredients; blend in. Beat until smooth. Pour into pan. Bake 45 to 50 minutes.